



TECHNICAL GUIDE  
NORDIC CHAMPIONSHIP & CHALLENGE NORDIC  
GAMES

Tuusula, Finland 5.-7.8.2022

*Suomen*  
**PYÖRÄILY**  
CYCLING FINLAND

TUUSULA



# TABLE OF CONTENTS

<i>Introduction</i> .....	2
<i>How to get there</i> .....	3
<i>Tuusula BMX track and site map</i> .....	4
<i>General information</i> .....	5
<i>Team and Camping Area</i> .....	5
<i>Provisional Time Schedule</i> .....	7
<i>Rider Categories</i> .....	8
<i>Registration</i> .....	9
<i>Rules</i> .....	9
<i>Accreditation</i> .....	10
<i>Trophies and Prize Money</i> .....	11
<i>Nations Competition</i> .....	12
<i>Hotels</i> .....	13



## Introduction

BMX Helsinki welcomes all riders from Sweden, Denmark and Norway, Island, Estonia, Latvia and Lithuania to race in the Nordic Championship and Nordic Challenge Games in Tuusula Finland in August 2022!

The race is held according to the UCI rules for BMX racing and the rules for Nordic Championship BMX and Challenge Nordic games.

## About Tuusula

Tuusula is a town in Southern Finland, with nearly 40.000 inhabitants. It is situated just north of the capital Helsinki. Tuusula offers a wide array of activities and culture.

Here you can find examples of things to do:

[https://www.tuusula.fi/attachments/text\\_editor/36644.pdf?name=englanniksi](https://www.tuusula.fi/attachments/text_editor/36644.pdf?name=englanniksi)

[www.tuusula.fi](http://www.tuusula.fi)



## The Organizer

BMX Helsinki was founded in 2012. It currently has almost 300 members. BMX Helsinki organized the Nordic Championship first time in 2016, and has nearly every year organized the international Season Final event, since 2013. BMX Helsinki has been chosen as the Club of the Year by Cycling Finland in 2013 and 2016

## Contacts

<b>Track address:</b> Tuusula BMX track Kilpailutie 9 04300 Tuusula	<b>Race Director:</b> BMX Helsinki Chairman Katariina Laakkonen <a href="mailto:Katariina.laakkonen@pyoraily.fi">Katariina.laakkonen@pyoraily.fi</a>
--	---

Additional information:

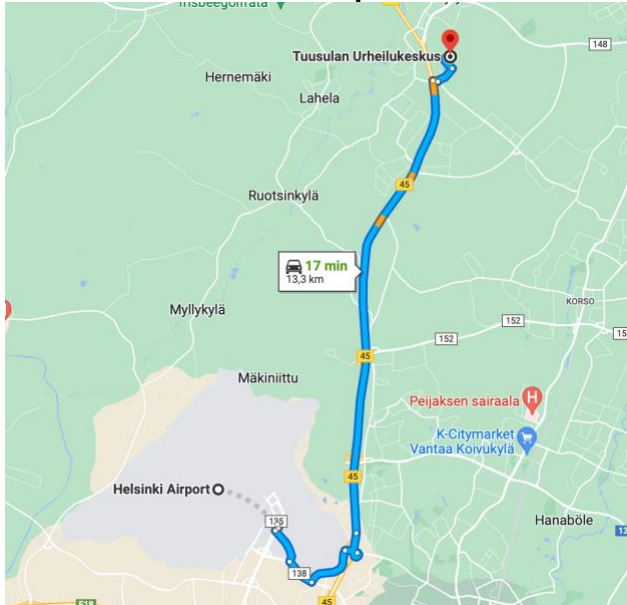
[www.bmxhelsinki.net](http://www.bmxhelsinki.net)



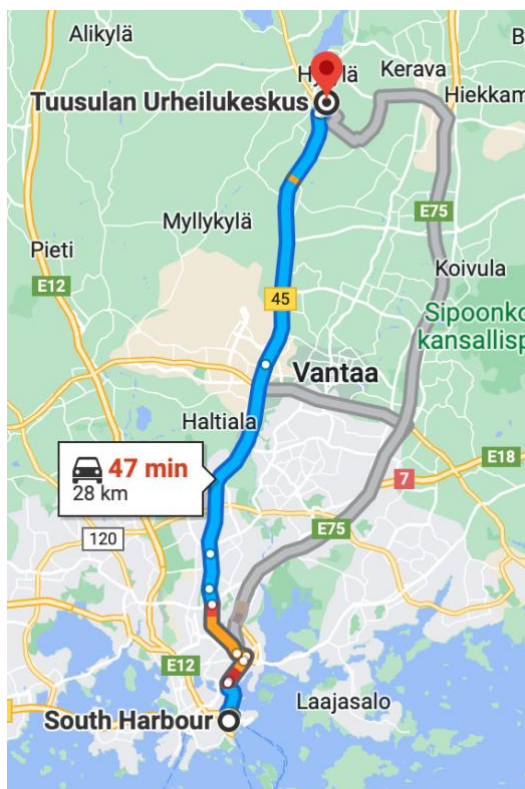
## How to get there

You can find Tuusula BMX track in Google Maps by searching for “Tuusulan Urheilukeskus” or address Kilpailutie 9, Tuusula

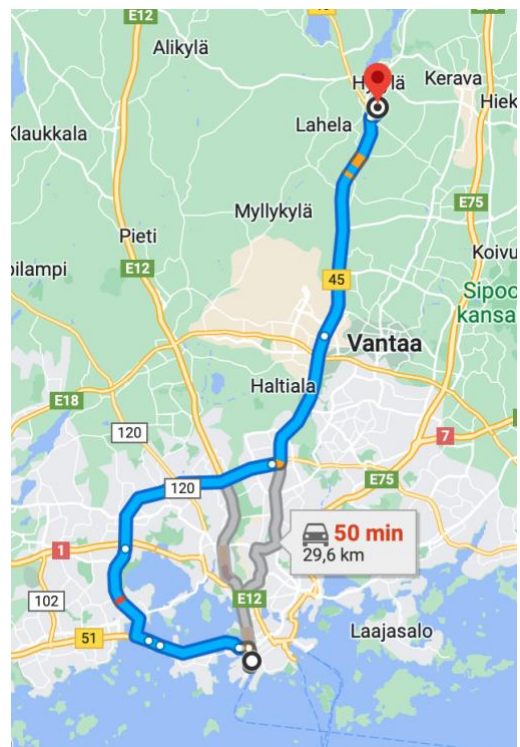
### From Helsinki-Vantaa Airport



### From Helsinki Harbor (Viking Line)



### From Länsisatama harbor (Tallink Silja and Eckerö Line)

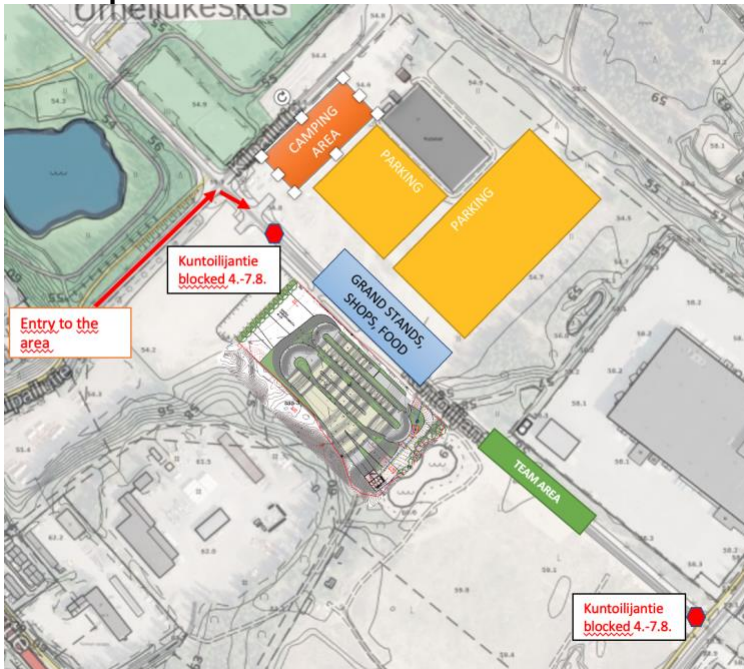


# Tuusula BMX track and site map

## Track visual



## Site map



The Nordic Championship event is held in Tuusula BMX track. The track is brand new and will be ready in summer 2022. It has 8 meter and a 4 meter start hills and a pro-section on the 2nd straight. Both hills will have Pro-Gate starting gate. Track length is 380 meters. The design is made by Pro Tracks.



## General information

**Public Access** is with entry fee to the grandstands, food area and shops.

**Team area** is accessible to riders and team staff. No accreditation is needed to enter the team area. We hope that only team riders and staff use the team area. Each country has their own space, please find more info under 'Team and Camping Area'.

**Cash and credit cards** can be used in the food area.

**Toilets and trash containers** are available in several locations. Please use them and keep the area clean!

**Welcome Center** is situated under the SX start hill. Team managers are invited to pick up number plates per country. Transponder rentals can be picked up by country. TM meeting and Official meetings are held at the Welcome Center.

### **Mylaps transponders**

All riders in all classes (not Novice class) need to have an active transponder, Mylaps ProChip Flex. Transponders should be mounted on your bike (fork) before entering practice Friday. Transponders can be rented for 5 euros/ rider and need to be returned after the race. All riders (teams) renting a transponder must inform about it in the entry-sheet. If the transponder is not returned, a fee of 100 euros will be invoiced to the federation.

## Team and Camping Area

### **Team Area**

Each country will have a designated place in the Team Area, where you can bring your own tents – with no cost. If needed, tents are available to rent for the following prices:

- 9m2 tent (3x3m) = € 150,00
- 18m2 tent (3x6m) = € 250,00

Cars, trailers and trucks are not allowed to stay inside the team area or the area in general. They can enter the area to offload their material only on Friday before 16.00 and again after the race finish Saturday or Sunday.



### **Team Area Reservation**

You need to do reservation for rental tents in the Team Area before 30.6. by emailing [ncbmx22@gmail.com](mailto:ncbmx22@gmail.com)

For the reservation of rental tents, please give the following information:

Name of Team/ Country

Name of Team Manager

Email

Mobile Phone

Number of tents (3 x 3 meters = € 150/tent; 3 x 6 meters = € 250,00/tent)

### **Team Area Payment**

By Bank transfer (reference Team area and name of Country/ Team)

Bank Account: BMX Helsinki Ry

Bank: Nordea

IBAN: FI25 1215 3000 1050 18

SWIFT/BIC: NDEAFIHH

The team area will be unguarded and we recommend all riders to bring their own lock. No bikes are allowed on the grandstands.

### **Camping**

1) At the track:

The camping site is open for caravans from Thursday 4<sup>th</sup> of August 17:00 until Sunday 6<sup>th</sup> of August. Electricity and toilets are provided. Water is available at the BMX track water outlets. Showers are available at a designated time each day in the nearby Ice Hockey hall.

One night € 50, additional night € 30.

Reservation for camping at the track must be sent by 15.7.2022 to [ncbmx22@gmail.com](mailto:ncbmx22@gmail.com) with contact information.

### **BMX Shops and resellers**

Please book your spot for BMX Shops/ Resellers by email [ncbmx22@gmail.com](mailto:ncbmx22@gmail.com) by 15.7.2020.



# Provisional Time Schedule

## Time Schedule

The time schedule will be established by the organizer according to the number of entries and will be posted on the Facebook site and internet-page as soon as possible after the registration deadline.

### Friday 5<sup>th</sup> August

12.00 – 14.30	Welcome Centre opens for registration of the team. Plates will be provided to the team manager by registration
13.30 -	Commissaires on site
14.30 -	Commissaires meeting at Commissaires office (Welcome Centre)
15.00 -	Team manager meeting at Commissaires office (Welcome Centre)
16.00 – 16.55	Practice Block 1
17.00 – 17.55	Practice Block 2
18.00 – 18.55	Practice Block 3 and 4 with SX
19.00 – 20.00	Challenge track is open for training. Explore and learn in your own pace. No official or medics will be at the trackside
20.00 – 21.00	SX track is open for training. Explore and learn in your own pace. No officials or medics will be at the trackside

### Saturday 6<sup>th</sup> August

09.30 – 09.55	Warm up Block 1
10.00 – 10.25	Warm up Block 2
10.30 – 10.55	Warm up Block 3 and 4
11.00 – 11.30	Opening ceremony
12.00 –	Motos Block 1 and 2 (Block 3 first motos after Block 1 and 2 first two motos)

Finals for all classes, 4<sup>th</sup> heat for Novice Classes  
Handle over Nordic Championship to Latvia  
Prize ceremony all classes after finals

### Sunday 7<sup>th</sup> August

#### Suomi BMX Cup #4, please see separate invitation

09.30 – 09.55	Warm up Block 1
10.00 – 10.25	Warm up Block 2
10.30 – 10.55	Warm up Block 3 and 4
11.30 –	Motos Block 1 and 2 (Block 3 first motos after Block 1 and 2 first two motos)





## Rider Categories

### **Nordic Championship:**

Junior Women/Junior Men: 17-18 years

Elite Women/Elite Men: 19 years and over

(U23 and Elite classes are Pre-Combined, The results and prizes are according to the combined results. The ranking points are allocated according the class of the rider)

### **Challenge Nordic games:**

Girls: 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17 years and over.

Boys: 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17 years and over.

Cruisers men: 17-29, 30-39, 40+

Cruiser women: 17-29, 30+.

### **Novice Class**

Due to the different individual ranking rules for children 10 and under within the Nordic federations, this non-ranking race category will be provided in the Nordic Champs. In this class, the kids will ride 4 motos, and receive awards after they finish the 4th moto. No results are published in this Class. Age classes follow the challenge classes. No license is needed to participate, but all riders must have an insurance.

### **Combined Classes:**

There must be minimum of 5 riders entered to the championship classes and 3 riders entered to the challenge classes to open a class.

Classes with less than 5 riders shall be combined. Riders in combined classes get results and are awarded the prizes that correspond with the place in the separate results.

### **Championships classes (elite women, elite men, junior women and junior men)**

Championships classes and challenge classes can be combined as follows:

If less than five riders register for a category elite men/women or junior men/women, the two classes will be combined.

If less than five riders register for a category elite men/women AND junior men/women, they will be combined with men/women 17yrs+. The riders will ride the challenge section.

### **Challenger and cruiser**

If less than 5 riders register for a category, they will be combined with an older category.

Cruiser women 30+ and men 40+ will be combined with a younger category.

Combined classes are awarded separately.

### **Blocks**

**Block 1:** Boys and girls 12 years and under

**Block 2:** Boys and girls 13 year and over & Cruiser

**Block 3:** Junior and Elite women

**Block 4:** Junior and Elite men

All riders must have either national flags on their shoulders or the national jersey.

National champions must use National champion jersey.



## Registration

### Riders from Finland:

Registration by club directly to BMX Helsinki ([ncbmx22@gmail.com](mailto:ncbmx22@gmail.com) )

### Riders from other countries:

Registration by National Federation. Registration shall be sent to [ncbmx22@gmail.com](mailto:ncbmx22@gmail.com)

Deadline for registration and payment: June 27 2022

There will not be opened any classes after registration date due to late registrations. Last late registration is set to 1 week before the race.

### Registration fee

Junior Men and Women: 45 euro

Elite Men and Women: 65 euro

Challenge classes: 30 euro

Novice class 15 euros

Transponder rent 5 euros (not for Novice class)

Late entry fee (paid in race office in cash)

Between June 28 until July 29: Penalty fee of 100 %

### Payment:

Reference: Name of Country/ Team, total fee paid to:

BMX Helsinki Ry

Nordea Bank

IBAN: FI25 1215 3000 1050 18

SWIFT/BIC: NDEAFIHH

## Rules

- The provisions of the UCI's BMX Rulebook in its latest version apply with a few amendments (in this Technical Guide)
- The use of interlocking pedal-cleat systems is allowed for categories 13 years and over.
- All championship categories scramble seeding is used, according to UCI Rulebook 6.1.027quater, 6.1.029, 6.1.029bis with further explanation refer to UCI Rulebook article 6.1.033
- All challenge categories scramble seeding is used for all motos. A and B finals in all challenge classes with finals rounds (9 or more riders confirmed)
- The number of heats during the Motos and the number of riders in each such heat shall be determined as per Annex 1, based upon the number of riders entered and confirmed in the category following rider's confirmation.
- Likewise, the number of riders who will transfer from the Motos into the Qualifiers or the Final (whichever the case may be), will be Full gate. However, the riders are randomly distributed through these heats, such that the heats are not the same within each of the three Rounds of the Motos (source: UCI Rulebook article: 6.1.027quater). For more



explanation of the scrambled moto and transfer system please refer to UCI Rulebook article 6.1.033

- To avoid any doubt, during motos, random predetermined gates. Time in 3rd moto and in Qualifiers determines lane selection for the next round, refer to UCI Rulebook article 6.1.029bis.
- In categories with 5-8 riders, the rider with the highest total points earned in the Motos will not be transferred to the Final.
- Schedule of races and transfer systems for all challenge categories:

# Riders	Moto Heats	¼ Finals	½ Finals	Finals
<=8	1	-	-	Drop 1 Rider
9-16	2	-	-	A Final of 8 Riders, B Final if minimum 4 Riders
17-24	3	-	2x 8 Riders	A and B Finals of 8
25-32	4	-	2x 8 Riders	A and B Finals of 8
33-40	5	4x 8 Riders	2x 8 Riders	A and B Finals of 8
41-64	6 to 8	4x 8 Riders	2x 8 Riders	A and B Finals of 8

- All Novice categories scramble seeding is used for all motos. 4th heat in all Novice categories, random seeded as well.
- In case of special conditions (weather etc.) PCP can reduce the number of moto's. This can only apply for challenge classes and never for championship classes.
- All riders receive a number plate and side plate from the organizer at registration. The number plate must display the number plate and side plate assigned to him. A rider who fails to display the correct number plates will be refused their start, or relegated, if it noticed after beginning a heat or run.
- The finalists from World Championship and European Championships in 2022 will receive a number corresponding to their result in the final. The finalists of the previous Nordic Championships in 2019 will not be given a number corresponding to their results in 2019.
- Championship Elite riders with a career number shall use their career numbers assigned by the UCI.
- All Championship Juniors, Challenge and Novice class riders must not wear number on their jersey at any time. Name printed on back is allowed. The race jersey is obligatory during prize ceremony.

## Accreditation

Each Country must appoint a Team Manager to confirm the participation of all riders, be present at the Team Manager meetings and to collect all number plates for the team. The Team Manager must present his/her license provided by the federation.



Each Country can appoint assistants based on the number of entries. Team managers and assistants are both allowed to enter the track in case of accident/crash. Both Team Managers and assistants must be aware of UCI rules as well as the content of this Technical Guide.

Riders	Assistant(s)
1-2	0
3-5	1
6-10	2
11-50	2
51-100	3
Host Country	5

Team Managers and assistants will be given a pass at the Welcome Center.

## Trophies and Prize Money

### Championship classes

Nordic Championship 2022

For each class in this category there will be medals for 1st (gold), 2nd (silver) and 3rd (bronze). The winner will receive a bouquet of flowers. The medals shall be engraved with Nordic Championship 2022 and class. Only riders place 1-3 are obliged to attend the award ceremony.

Overall including non-Nordic riders

Prize money for riders, place 1-8 are obliged to attend the award ceremony.

Prize money will be paid to the rider's or club's account. The organizer takes care of the 15% tax required in Finnish law. Please provide, immediately after the finals the organizer (at Welcome Center) with the following information in case you win prize money:

### Example

Name of recipient:

IBAN number

BIC code

Name of bank:

Country of bank:

Prize money table

Place	Junior women and men	Elite women and men
1	€ 350	€ 800
2	€ 170	€ 400
3	€ 125	€ 200
4	€ 75	€ 175
5	€ 50	€ 150
6	€ 40	€ 125
7	€ 30	€ 100
8	€ 20	€ 75



### Challenge classes

All the finalists (8) shall have a trophy with Nordic challenge games, class and place 1-8 on it. In classes with only 8 riders or less there shall only be 3 trophies for 1st, 2nd and 3rd place.

### Fun Classes:

All riders receive a medal after they finish their 4<sup>th</sup> heat.

## Nations Competition

The Nation competition is open for the Nordic or Baltic countries and includes riders from classes 13 years and over. Points are awarded in the finals as follows:

Place	Points
1	4
2	3
3	2
4	1

There is only awarded points for one rider from each country in the same final heat:  
(Example)

Place	Riders from Country	Points
1	Sweden	4
2	Sweden	0
3	Latvia	3
4	Sweden	0
5	Finland	2
6	Estonia	1
7	Norway	0
8	Estonia	0

If there are only two nations in the final, the points are reduced as follows:

2 points for 1. place and 1 point for 2. place

If there is only one nation in the finals there is only awarded 1 point.

The winner of the Nations competition is the nation with highest points. If two nations have the same score, the results are decided as follows:

The nation with the highest number of 1st places wins, then 2nd places etc. If the winner still cannot be decided, the last complete final determines the winner.

The winning nation will receive a Trophy



## Hotels

The following hotels have special prizes for a limited number of rooms for our riders:

Hotel	Number of rooms/night	Room rate / night
<b>Break Sokos Hotel Flamingo</b> Tasetie 8 FIN- 01510 Vantaa t. +358 20 1234 605 <a href="#">Break Sokos Hotel Flamingo</a>	4.-5.8.2022 20 standard rooms 5.-6.8.2022 130 standard rooms 6.-7.8.2022 20 standard rooms	85 EUR / Standard single room 100 EUR / Standard twin room 120 EUR / Standard twin room with extra bed 140 EUR / Standard twin room with two extra beds
<b>Original Sokos Hotel Vantaa</b> Hertaksentie 2 FIN- 01300 Vantaa t. +358 20 1234 618 <a href="#">Original Sokos Hotel Vantaa</a>	4.-5.8.2022 20 standard rooms 5.-6.8.2022 100 standard rooms 6.-7.8.2022 20 standard rooms	85 EUR / Standard single room 100 EUR / Standard twin/double room for single use 100 EUR / Standard twin/double room 120 EUR / Standard twin room with extra bed



Rates include Breakfast buffet during normal opening hours, wireless internet access (Wi-Fi), VAT and guest sauna. (Guest sauna is not available in Break Sokos Hotel Flamingo, but there is a waterpark/spa) We reserve the right to change rates if VAT changes. Rates are net (non-commissionable) and do not include free places or loyalty card benefits. Guests are entitled to the rooms from 3:00 PM on day of arrival to 12:00 (noon) on day of departure.

Unbooked rooms will be released as follows:

9.6.2022 we will release 25% of the unbooked rooms

23.6.2022 we will release 50% of the unbooked rooms

Rest of the unbooked rooms will be released to free sale on 7.7.2022 at 8:00 pm (Finnish time).

All reservations are to be guaranteed by credit card upon booking. An individual booking from allotment can be canceled by 6 p.m. local time. on the day of arrival, unless otherwise agreed. We primarily recommend making a reservation by online. Kindly note that due to security reasons credit card details should not be sent via email.

Guests pay individually, method of payment: cash or credit card.

Releasing Personal Data

According to personal data laws, information of guests that made a reservation part of an accommodation allotment, may only be informed to third party, if the guest has given agreement to this.

**Reservations: Sokos Hotels Sales Service Centre**

Telephone: +358 300 870 000 / **individual room reservations**

Telefax: +358 20 1234 646

E-mail: [sokos.hotels@sok.fi](mailto:sokos.hotels@sok.fi)

Please quote the allotment code **BMX2022** when making a booking.

[www.sokoshotels.fi/en](http://www.sokoshotels.fi/en) - Reservation code **BBMX2022**

**Other hotels**

All airport hotels are approximately 15 minutes by car from the track

All city center hotels are approximately 30 minutes by car from the track. Just google for Helsinki airport hotels or Helsinki City hotels

